



A Million Steps for Footsteps

THE CHALLENGE - Can you take some steps to help disabled children this autumn? Over the years, Footsteps has improved the lives of hundreds of disabled children, helping them to reach their full potential through our life-changing physiotherapy. The charity now needs your help to continue this vital work. Can you take on a challenge this October to raise some funds? Pledge a personal challenge – be it walking, swimming, cycling, dancing – we will convert your pledge into steps and add it towards our collective target of A Million Steps for Footsteps.

PLEDGE - Please make a pledge to us via email (info@footstepsfoundation.com) or post on Facebook <https://www.facebook.com/groups/2014506708679210/> just telling us what challenge you would like to do. For example: “I will be walking 30kms in October for Footsteps” and leave us your name and email. We will then add your pledge towards our total of A Million Steps for Footsteps. There is no fee or minimum fundraise, we just ask you to share your story with friends and family and raise whatever funds you can!

FUNDRAISE:

ON OUR SHARED PAGE: Share the link to our communal page with your friends and family – tell them what you are doing and ask them to mention your name when they donate <https://www.justgiving.com/campaign/AMillionSteps>

ON YOUR OWN PAGE: Set up your own page so that you can track donations more easily and a good option if you want to set an ambitious target and thank supporters personally:

Steps to go through to set up your unique fundraising page connected to our event

- a. You must have a JustGiving Account (if you don't, it's easy to join)
- b. Click on this link <https://www.justgiving.com/campaign/AMillionSteps>
- c. Click on the Start Fundraising button
- d. Click on 'Doing your own thing'
- e. Follow the very easy prompts to set up your page
- f. You can edit at any time to add photos, personal text and set a target
- g. Send the link to your page to all your friends and family!

THE OLD FASHIONED WAY! If you collect cash/ cheques or bank transfers from friends and family we would be very grateful if you could email us to discuss the best way of getting that over to us on maggie@footstepsfoundation.com

#AMillionStepsforFootsteps